

*10<sup>th</sup> Annual*  
JEWISH ART CALENDAR

5780  
2019 - 2020

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THIS CALENDAR IS  
DEDICATED TO THE  
**LUBAVITCHER REBBE** O.B.M.,  
RABBI MENACHEM M. SCHNEERSOHN

His personal devotion to  
each and every individual  
Jew, as well, as his  
dedication to G-d and His  
Torah, continue to inspire  
the Chabad center here in  
Monroeville, PA.



Dear Friend,

With great pleasure we present this beautiful  
Jewish Art Calendar for the year 2019/2020 –  
5780, our gift to you for the New Year.

Please enjoy the unique and beautiful artwork,  
the pictures, the practical layout, the recipes,  
the inspiration, highlights of some of the many  
events at Chabad, and all our calendar has to  
offer.

We hope that the calendar will inspire you to  
delve deeper into our rich Jewish heritage and  
faith.

This is one of the many ways Chabad serves  
the community. Our programs and services are  
designed to make Judaism an accessible reality  
to all, regardless of affiliation or background.  
Join us, bring a friend and experience the Joys  
of Judaism!

We extend our thanks to the advertisers and  
sponsors in this calendar and to all of our  
supporters. With  
your continued  
assistance, we  
hope to strengthen,  
broaden and  
deepen the scope  
of our work.

We wish you and  
your loved ones a  
blessed New Year  
in every respect.



*Rabbi Mendy & Esther Schapiro*  
Directors, Chabad of Monroeville

# Shanah Tovah!

**Wishing the Jewish Community a Happy,  
Healthy and Sweet New Year!**



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Chabad enjoys the support of many individuals and families in our community. The above list reflects only those who have responded to our calendar greetings mailer. We sincerely appreciate the vital support of all our friends and donors; we couldn't do it without you.



**We're proud of our community.  
And those we share it with.**

DIAMOND SPONSOR



UPMC East is proud to support Chabad of Monroeville for enriching lives and making significant contributions towards building a healthier community.

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## CHABAD IN ACTION





# PROGRAM GUIDE

**HOLIDAYS**  
JOIN US FOR  
**HIGH HOLIDAYS**  
at Chabad of Monroeville

SEE BACK COVER FOR MORE INFO  
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**Pizza & Mini Golf  
in the Hut**

**OCT 16**  
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**Simchat Torah**

**OCT 21**  
Services, Brisket Dinner and  
dancing with the Torah

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Dec. 22

For all your Chanukah needs,  
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**TUESDAY, MARCH 10**

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**Passover Seder**  
**April 8<sup>th</sup>**

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and for all your Passover need  
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**LAG BAOMER**  
**COMMUNITY BBQ**  
**Tuesday, May 12**

**Dairy Buffet  
& Reading of the  
10 Commandments**

**May 29<sup>th</sup>**

**YOUTH**  
**Jewish Teens**  
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[JewishMonroeville.com/Teens](http://JewishMonroeville.com/Teens)

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**SHABBAT**  
**First Friday**  
SHABBAT SERVICE AND DINNER

Join us the first Friday evening of every month as  
we celebrate Shabbat as a community.

Our services include an English- Hebrew Prayer  
book, along with song and commentary, which  
makes everyone an active participant.

Kiddush following services

**THIRD SHABBAT**  
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HOLIDAY  
ACTIVITIES**  
BRING THE HOLIDAYS HOME TO LIFE

[JEWISHMONROEVILLE.COM](http://JEWISHMONROEVILLE.COM)

**SOCIAL**  
**Men's Club B.L.T.**  
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Tefillin wrap + schmooze  
over bagels and lox

9:00am  
Select Sundays  
See calendar  
for dates

**Jewish Women's Circle**

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[Esther@JewishMonroeville.com](mailto:Esther@JewishMonroeville.com)  
[JewishMonroeville.com/JWC](http://JewishMonroeville.com/JWC)

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NIGHTS**  
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Fall: Warrior to Warrior  
Winter: Judaism's Gifts To The World  
Spring: Secrets of The Bible

**Community Lecture Series**  
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Stay tuned for schedule.

## SERVICES & PROGRAMS

### Holiday Programming:

- High Holiday Services
- Holiday awareness programs/  
classes
- Community Celebrations

### Shabbat

- Community Shabbat dinners
- Services

### Youth Programing

- Kids Club
- Teen Club

### Adult Education:

- Talmud, Kabbalah & Prayer
- JLI courses
- Lunch N Learn
- Communal Lectures
- One-on-One Torah Study
- Men's club
- Jewish Women's Circle

### Youth Education

- Jewish Subjects tutoring
- Hebrew reading
- Hebrew School
- Bar/Bat Mitzvah Prep

### Social/Jewish Services:

- Counseling
- Hospital Visitation
- Prison Visitation
- Lifecycle events
- Senior Programming
- Matza/Menorah/Challah Distribution

### Publications:

- Weekly Jewish Spark E-Newsletter
- Holiday Guides
- Annual Calendar

To be informed about upcoming events  
and programs, subscribe to our email list:  
[JewishMonroeville.com/subscribe](http://JewishMonroeville.com/subscribe)



# **PRAYERS OF MERCY**

Early in the morning on the last days of the last month we recite Selichot prayers. The Selichot are a collage of Torah verses and poetically written Hebrew works in which we ask G-d to forgive us on a personal and communal level. An oft-repeated phrase is the "13 Attributes of Mercy," which G-d revealed to Moses at Sinai as the key to forgiveness. This is the core of the entire service and it said while the Ark is open.



# **KING IN FIELD**

Elul is the 12th and final month in the Jewish calendar. It is a month that connects the past year with the coming year—a time when we reflect on where we stand and where we should be going. It is taught that in this month, the "King is in the Field," and G-d is readily accessible, willing to hear our requests and listen to our fervent prayers for the coming new year.



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# SEPTEMBER 2019

ELUL 5779 - TISHREI 5780

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<div>1</div> <div>1 Elul</div> <div>Rosh Chodesh</div>	<div>2</div> <div>2 Elul</div> <div>Labor Day</div>	<div>3</div> <div>3 Elul</div>	<div>4</div> <div>4 Elul</div>	<div>5</div> <div>5 Elul</div> <div>Lunch 'N Learn</div>	<div>6</div> <div>6 Elul</div> <div>First Fridays</div>	<div>7</div> <div>7 Elul</div> <div>Avot 6</div> <div>Shoftim</div> <div>Shabbat Ends: 8:23 PM</div>
<div>8</div> <div>8 Elul</div> <div>Morris Reiter</div>	<div>9</div> <div>9 Elul</div> <div>Judith Ackerman</div>	<div>10</div> <div>10 Elul</div> <div>Harold &amp; Rita Young</div> <div>Dianne Bloomfield</div>	<div>11</div> <div>11 Elul</div>	<div>12</div> <div>12 Elul</div> <div>Lunch 'N Learn</div>	<div>13</div> <div>13 Elul</div> <div>Gedaliah Schneider</div> <div>Candle Lighting: 7:25 PM</div>	<div>14</div> <div>14 Elul</div> <div>Avot 1 &amp; 2</div> <div>Ki Tetzei</div> <div>Shabbat Ends: 8:11 PM</div>
<div>15</div> <div>15 Elul</div> <div>Men's Club BLT</div>	<div>16</div> <div>16 Elul</div> <div>Keny Schapiro</div>	<div>17</div> <div>17 Elul</div>	<div>18</div> <div>18 Elul</div> <div>Chai Elul</div>	<div>19</div> <div>19 Elul</div> <div>Lunch 'N Learn</div>	<div>20</div> <div>20 Elul</div> <div>Candle Lighting: 7:02 PM</div>	<div>21</div> <div>21 Elul</div> <div>Avot 3 &amp; 4</div> <div>Selichot Tonight</div> <div>Ki Tavo</div> <div>3rd Shabbat Morning Service</div> <div>Shabbat Ends: 7:59 PM</div>
<div>22</div> <div>22 Elul</div>	<div>23</div> <div>23 Elul</div>	<div>24</div> <div>24 Elul</div> <div>Herman Bloomfield</div> <div>Mushka Schapiro</div>	<div>25</div> <div>25 Elul</div>	<div>26</div> <div>26 Elul</div> <div>Lunch 'N Learn</div>	<div>27</div> <div>27 Elul</div> <div>Candle Lighting: 6:50 PM</div>	<div>28</div> <div>28 Elul</div> <div>Avot 5 &amp; 6</div> <div>Nitzavim</div> <div>Shabbat Ends: 7:47 PM</div>
<div>29</div> <div>29 Elul</div> <div>Rosh Hashana Eve</div> <div>Candle Lighting: 6:47 PM</div>	<div>30</div> <div>1 Tishrei</div> <div>Rosh Hashana</div> <div>High Holiday Services @ Chabad</div> <div>Schneider &amp; Feldman families</div> <div>perished in Holocaust</div> <div>Candle Lighting: after 7:44 PM</div>	<div>JOIN US FOR</div> <div>HIGH HOLIDAYS</div> <div>at Chabad of Monroeville</div> <div>SEE BACK COVER FOR DETAILS</div> <div>(412) 372-1000</div>	<div>Chabad of Monroeville</div> <div>Thanks Debbie Iszauk,</div> <div>Tony Battle and Adam</div> <div>Kaufman for their</div> <div>continued guidance with</div> <div>our annual Calendar.</div>	<div>PREMIER</div> <div>MEDICAL ASSOCIATES</div> <div>PremierMedicalAssociates.com</div>	<div>Building</div> <div>Better</div> <div>Care</div>	<div>Wishing you</div> <div>and your family a happy</div> <div>and healthy sweet new year</div> <div>SPONSORED BY</div> <div>PARKWAY JEWISH CENTER</div>



**HEAD OF THE YEAR**

Tishrei, the first month of the Jewish year, is full of momentous and meaningful days of celebration. These days, throughout the month of Tishrei, are opportunities to connect, to be inspired, and to become more fulfilled and in tune with our true inner selves. Tishrei is considered the "head" of the year, and the reservoir from which we draw our strength and inspiration throughout the year ahead.

**ALL IN BALANCE**

The sign of the month of Tishrei is Libra, in Hebrew "Moznaim" or "balances". The first days of the month are Rosh Hashana – Days of Judgment when the future of the world hangs in the balance. Maimonides writes that a person should see himself or herself, and the whole world, as being half meritorious and half culpable. With just one mitzvah, one can alter the balance of their life and that of the whole world to the side of blessing and life!



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season turns into  
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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		<b>1</b>  2 Tishrei Rosh Hashana  High Holiday Services @ Chabad  Holiday Ends: 7:42 PM	<b>2</b> 3 Tishrei Fast of Gedalia    Fast: 5:51 AM - 7:28 PM	<b>3</b> 4 Tishrei   Lunch 'N Learn	<b>4</b> 5 Tishrei   First Fridays  Candle Lighting: 6:39 PM 	<b>5</b> 6 Tishrei Shabbat Shuva  Vayelech  Shabbat Ends: 7:35 PM
<b>6</b> 7 Tishrei	<b>7</b> 8 Tishrei	<b>8</b> 9 Tishrei Yom Kippur Eve  High Holiday Services @ Chabad  Fast & Candle Lighting: 6:32 PM 	<b>9</b>  10 Tishrei Yom Kippur Yizkor  High Holiday Services @ Chabad  Fast & Holiday End: 7:29 PM	<b>10</b> 11 Tishrei   Lunch 'N Learn  Max Edelstein	<b>11</b> 12 Tishrei    Candle Lighting: 6:28 PM 	<b>12</b> 13 Tishrei  Ha'azinu  Shabbat Ends: 7:24 PM
<b>13</b> 14 Tishrei Sukkot Eve  Earl Glasser Candle Lighting: 6:24 PM 	<b>14</b>  15 Tishrei Sukkot Columbus Day  Claire Iszauk Candle Lighting: after 7:21 PM 	<b>15</b>  16 Tishrei Sukkot  Holiday Ends: 7:20 PM	<b>16</b> 17 Tishrei Sukkot 1st Intermediate Day  Pizza in The Hut	<b>17</b> 18 Tishrei Sukkot 2nd Intermediate Day	<b>18</b> 19 Tishrei Sukkot 3rd Intermediate Day  Candle Lighting: 6:17 PM 	<b>19</b> 20 Tishrei Sukkot 4th Intermediate Day  3rd Shabbat Morning Service  Leslie Rubin Shabbat Ends: 7:14 PM
<b>20</b> 21 Tishrei Sukkot - Hoshana Rabbah  Aaron, Jonathan & Roni Rosenberg Candle Lighting: 6:14 PM 	<b>21</b> 22 Tishrei Shemini Atzeret Yizkor  Community Celebration @ Chabad  Candle Lighting: after 7:12 PM 	<b>22</b> 23 Tishrei Simchat Torah   Holiday Ends: 7:10 PM	<b>23</b> 24 Tishrei	<b>24</b> 25 Tishrei   Lunch 'N Learn  Mordechai Schapiro	<b>25</b> 26 Tishrei    Candle Lighting: 6:07 PM 	<b>26</b> 27 Tishrei Blessing of the New Month  Bereishit  Chana Schapiro Shabbat Ends: 7:05 PM
<b>27</b> 28 Tishrei  Men's Club BLT	<b>28</b> 29 Tishrei	<b>29</b> 30 Tishrei Rosh Chodesh	<b>30</b> 1 Cheshvan Rosh Chodesh	<b>31</b> 2 Cheshvan   Lunch 'N Learn		



**TRUE MOTHER**

Rachel, the matriarch of the Jewish people and wife of Jacob, passed away on the 11th of Cheshvan. Jacob buried her on the side of the road because he foresaw that in the future, following the destruction of the First Temple in 423 BCE, the Jews would be driven from their homes and forced into exile in Babylon. On their dispirited march, they would pass on this very road and cry to Rachel. They would take courage from her presence, and she would beseech G-d on their behalf.

**MAR-CHESHVAN**

The Hebrew month of Cheshvan is called also Marcheshvan. Mar, in Hebrew, means "bitterness," referring to the bitterness of holiday-less month of Cheshvan, following the festivities of Tishrei. Alternatively, another Hebrew meaning to the word Mar is "drop of water." This relates to the 7th of the month, when in the land of Israel, Jews begin praying for rain.



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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					<div>1<div>3 Cheshvan</div><div>First Fridays</div><div>Candle Lighting: 5:58 PM </div></div>	<div>2<div>4 Cheshvan</div><div>Noach</div><div> Grayce Weisberg Shabbat Ends: 6:57 PM</div></div>
<div>3<div>5 Cheshvan DST Ends</div></div>	<div>4<div>6 Cheshvan</div></div>	<div>5<div>7 Cheshvan</div></div>	<div>6<div>8 Cheshvan</div></div>	<div>7<div>9 Cheshvan</div><div>Lunch 'N Learn</div></div>	<div>8<div>10 Cheshvan</div><div> Slava Shunfenthal  Jonathan Weisberg Candle Lighting: 4:50 PM </div></div>	<div>9<div>11 Cheshvan</div><div>Lech Lecha</div><div>Shabbat Ends: 5:50 PM</div></div>
<div>10<div>12 Cheshvan</div></div>	<div>11<div>13 Cheshvan Veterans Day</div></div>	<div>12<div>14 Cheshvan</div><div>Worrier to Warrior - Course Begins</div></div>	<div>13<div>15 Cheshvan</div></div>	<div>14<div>16 Cheshvan</div><div>Lunch 'N Learn</div></div>	<div>15<div>17 Cheshvan</div><div>Candle Lighting: 4:44 PM </div></div>	<div>16<div>18 Cheshvan</div><div>Vayeira</div><div>3rd Shabbat Morning Service</div><div> Jena Iszauk Shabbat Ends: 5:44 PM</div></div>
<div>17<div>19 Cheshvan</div><div>Men's Club BLT</div></div>	<div>18<div>20 Cheshvan</div></div>	<div>19<div>21 Cheshvan</div><div>JLI: Worrier to Warrior</div></div>	<div>20<div>22 Cheshvan</div></div>	<div>21<div>23 Cheshvan</div><div> Ted &amp; Anita Heyman</div></div>	<div>22<div>24 Cheshvan</div><div>Candle Lighting: 4:39 PM </div></div>	<div>23<div>25 Cheshvan Blessing of the New Month</div><div>Chayei Sarah</div><div> Milton Heyman Shabbat Ends: 5:40 PM</div></div>
<div>24<div>26 Cheshvan</div></div>	<div>25<div>27 Cheshvan</div></div>	<div>26<div>28 Cheshvan</div><div>JLI: Worrier to Warrior</div><div> Michelle Siegel</div></div>	<div>27<div>29 Cheshvan</div></div>	<div>28<div>30 Cheshvan Rosh Chodesh Thanksgiving Day</div><div>Lunch 'N Learn</div></div>	<div>29<div>1 Kislev Rosh Chodesh</div><div> Molly Goss Candle Lighting: 4:36 PM </div></div>	<div>30<div>2 Kislev</div><div>Toldot</div><div> Dawn Edelstein Shabbat Ends: 5:38 PM</div></div>



### MIRACLE OF THE OIL

On Chanukah, aside from commemorating the miraculous victory of the small Jewish army over the mighty Syrian-Greek empire, we celebrate the miracle of the oil. When the Jews sought to light the Temple menorah after the war, they found only one small jug of pure oil. Miraculously, the one-day supply burned for eight days, and the sages instituted the eight-day festival of Chanukah, on which we kindle the menorah nightly.



### CHASSIDIC HOLIDAY

On the 19th of Kislev we celebrate the redemption of Rabbi Schneur Zalman of Liadi, the founder of Chabad Chassidism, who had been imprisoned on false charges by the czarist regime. These charges were reflective of spiritual charges brought against him for openly teaching the deepest insights of Torah. On the 19th of Kislev in 1798 he was freed, paving the way both physically and spiritually to continue teaching Chabad Chassidism. This day is referred to as the "New Year of Chassidism."



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your

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<b>1</b> 3 Kislev	<b>2</b> 4 Kislev	<b>3</b> 5 Kislev JLI: Worrier to Warrior	<b>4</b> 6 Kislev	<b>5</b> 7 Kislev Lunch 'N Learn	<b>6</b> 8 Kislev First Fridays Candle Lighting: 4:34 PM	<b>7</b> 9 Kislev Vayeitzei Shabbat Ends: 5:37 PM
<b>8</b> 10 Kislev	<b>9</b> 11 Kislev	<b>10</b> 12 Kislev JLI: Worrier to Warrior	<b>11</b> 13 Kislev	<b>12</b> 14 Kislev Lunch 'N Learn Sam Steinberg Harold Bloomfield	<b>13</b> 15 Kislev Candle Lighting: 4:35 PM	<b>14</b> 16 Kislev Vayishlach Shabbat Ends: 5:38 PM
<b>15</b> 17 Kislev Chanukah Workshop @ Home Depot Men's Club BLT Matthew Goss	<b>16</b> 18 Kislev Sylvia Shunfenthal	<b>17</b> 19 Kislev Yud Tes Kislev JLI: Worrier to Warrior	<b>18</b> 20 Kislev	<b>19</b> 21 Kislev Lunch 'N Learn	<b>20</b> 22 Kislev Candle Lighting: 4:37 PM	<b>21</b> 23 Kislev Blessing of the New Month Vayeishev 3rd Shabbat Morning Service Ruth Warshaw Shabbat Ends: 5:41 PM
<b>22</b> 24 Kislev 1st Light Tonight Giant Menorah Lighting @ Miracle Mile	<b>23</b> 25 Kislev Chanukah 2nd Light Tonight	<b>24</b> 26 Kislev Chanukah 3rd Light Tonight	<b>25</b> 27 Kislev Chanukah 4th Light Tonight Hannah Weisberg	<b>26</b> 28 Kislev Chanukah 5th Light Tonight Lunch 'N Learn Isaac Roet	<b>27</b> 29 Kislev Chanukah 6th Light Tonight Candle Lighting: 4:41 PM	<b>28</b> 30 Kislev Chanukah, 7th Light Tonight Rosh Chodesh Mikeitz Shabbat Ends: 5:45 PM
<b>29</b> 1 Tevet Chanukah, 8th Light Tonight Rosh Chodesh Rabbi Chaim Shunfenthal	<b>30</b> 2 Tevet Chanukah	<b>31</b> 3 Tevet				

### FAST OF THE TENTH OF TEVET

The tenth day of the month of Tevet marks an important day in the Jewish calendar. In the Jewish year of 3336, Nevuchadnezzar, the Babylonian emperor lay siege to the city of Jerusalem. Thus began the 30-month long process of the destruction of the Temple and the exile of the Jewish people. For 70 years, the Jewish people had no land to call their own and were living under Babylonian rule. To commemorate this day, we fast in mourning and repentance.



### MONTH OF GOOD

The name of month – Tevet, which is mentioned in the book of Esther, was acquired in Babylonia, and shares a root with the Hebrew word tov, meaning “good.” This month begins with the last days of Chanukah. By internalizing the message of the ever-increasing lights of the menorah—reminding us of the power of good over evil—we are able to reveal the good that is hidden in our lives and in the world around us.

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# JANUARY 2020

TEVET - SHEVAT 5780

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<div> JewishMonroeville.com/ChaiClub</div>	<div> CarolSellsPittsburgh.com</div>	<div>1<div>4 Tevet</div><div>New Year's Day</div></div>	<div>2<div>5 Tevet</div><div>Lunch 'N Learn</div></div>	<div>3<div>6 Tevet</div><div>First Fridays</div><div>Candle Lighting: 4:47 PM </div></div>	<div>4<div>7 Tevet</div><div>Vayigash</div><div>Shabbat Ends: 5:50 PM</div></div>	
<div>5<div>8 Tevet</div><div> Janet Weisberg</div></div>	<div>6<div>9 Tevet</div></div>	<div>7<div>10 Tevet</div><div>Tenth Tevet Fast Day</div><div>Fast: 6:10 AM - 5:39 PM</div></div>	<div>8<div>11 Tevet</div></div>	<div>9<div>12 Tevet</div><div>Lunch 'N Learn</div></div>	<div>10<div>13 Tevet</div><div>Candle Lighting: 4:53 PM </div></div>	<div>11<div>14 Tevet</div><div>Vayechi</div><div>Shabbat Ends: 5:57 PM</div></div>
<div>12<div>15 Tevet</div><div>Men's Club BLT</div><div> Alene Brodie  Ernie Friedman</div></div>	<div>13<div>16 Tevet</div></div>	<div>14<div>17 Tevet</div></div>	<div>15<div>18 Tevet</div></div>	<div>16<div>19 Tevet</div><div>Lunch 'N Learn</div></div>	<div>17<div>20 Tevet</div><div>Candle Lighting: 5:01 PM </div></div>	<div>18<div>21 Tevet</div><div>Shemot</div><div>3rd Shabbat Morning Service</div><div>Shabbat Ends: 6:04 PM</div></div>
<div>19<div>22 Tevet</div></div>	<div>20<div>23 Tevet</div><div>Martin Luther King, Jr. Day</div></div>	<div>21<div>24 Tevet</div></div>	<div>22<div>25 Tevet</div></div>	<div>23<div>26 Tevet</div><div>Lunch 'N Learn</div></div>	<div>24<div>27 Tevet</div><div>Candle Lighting: 5:09 PM </div></div>	<div>25<div>28 Tevet</div><div>Blessing of the New Month</div><div>Va'eira</div><div>Shabbat Ends: 6:12 PM</div></div>
<div>26<div>29 Tevet</div></div>	<div>27<div>1 Shevat</div><div>Rosh Chodesh</div></div>	<div>28<div>2 Shevat</div><div>JDM Gift To The World - Course Begins</div></div>	<div>29<div>3 Shevat</div></div>	<div>30<div>4 Shevat</div><div>Lunch 'N Learn</div></div>	<div>31<div>5 Shevat</div><div>Candle Lighting: 5:18 PM </div></div>	<div></div>

**FRUIT HOLIDAY**

On this day it is customary to partake of the fruit with which the Holy Land is blessed with: olives, dates, grapes, figs and pomegranates. In the 16th century, the Kabbalists of Tzfat compiled a Tu B'Shvat seder, somewhat similar to the seder for Passover. It involves enjoying the fruits of the tree, particularly those native to the Land of Israel, and discusses philosophical and Kabbalistic concepts associated with the day.

**TREE'S NEW YEAR**

The 15th of Shevat on the Jewish calendar, is the day that marks the beginning of a "new year" for trees. Commonly known as Tu Bishvat, this day marks the season in which the earliest-blooming trees in the Land of Israel emerge from their winter sleep and begin a new fruit-bearing cycle.

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<p><b>2</b> 7 Shevat</p>	<p><b>3</b> 8 Shevat</p>	<p><b>4</b> 9 Shevat</p> <p>JLI: JDM Gift To The World</p>	<p><b>5</b> 10 Shevat Yud Shevat</p>	<p><b>6</b> 11 Shevat</p> <p>Lunch 'N Learn</p> <p>Shaineh Eisenman</p>	<p><b>7</b> 12 Shevat</p> <p>First Fridays</p> <p>Candle Lighting: 5:26 PM</p>	<p><b>8</b> 13 Shevat</p> <p>Beshalach</p> <p>Shabbat Ends: 6:27 PM</p>
<p><b>9</b> 14 Shevat</p> <p>Men's Club BLT</p> <p>Ira Rosenberg</p>	<p><b>10</b> 15 Shevat Tu B'Shevat</p>	<p><b>11</b> 16 Shevat</p> <p>JLI: JDM Gift To The World</p>	<p><b>12</b> 17 Shevat</p>	<p><b>13</b> 18 Shevat</p> <p>Lunch 'N Learn</p>	<p><b>14</b> 19 Shevat</p> <p>Candle Lighting: 5:35 PM</p>	<p><b>15</b> 20 Shevat</p> <p>Yitro</p> <p>3rd Shabbat Morning Service</p> <p>Shabbat Ends: 6:35 PM</p>
<p><b>16</b> 21 Shevat</p>	<p><b>17</b> 22 Shevat Presidents Day</p>	<p><b>18</b> 23 Shevat</p> <p>JLI: JDM Gift To The World</p>	<p><b>19</b> 24 Shevat</p>	<p><b>20</b> 25 Shevat</p> <p>Lunch 'N Learn</p>	<p><b>21</b> 26 Shevat</p> <p>Israel Chodock</p> <p>Candle Lighting: 5:43 PM</p>	<p><b>22</b> 27 Shevat Blessing of the New Month</p> <p>Mishpatim Shekalim</p> <p>Shabbat Ends: 6:43 PM</p>
<p><b>23</b> 28 Shevat</p>	<p><b>24</b> 29 Shevat</p>	<p><b>25</b> 30 Shevat Rosh Chodesh</p> <p>JLI: JDM Gift To The World</p> <p>Max Goss</p>	<p><b>26</b> 1 Adar Rosh Chodesh</p>	<p><b>27</b> 2 Adar</p> <p>Lunch 'N Learn</p>	<p><b>28</b> 3 Adar</p> <p>Eleanore Handley</p> <p>Candle Lighting: 5:51 PM</p>	<p><b>29</b> 4 Adar</p> <p>Terumah</p> <p>Shabbat Ends: 6:51 PM</p>

# **MORDECHAI ON THE HORSE**

As part of the miracle of Purim, Mordechai the Jew, was given the highest honor in the land. He was to be clothed in the king's royal clothing and led on the king's horse around the town for all to see and hear about how he saved the king's life. Ironically, Haman, who was trying to annihilate Mordechai and his nation, was the one ordered to execute this reward.



## **MONTH OF JOY**

"When Adar enters, joy increases," the Talmud says. This teaches that the spirit of Purim permeates the entire month, making it a time of unparalleled rejoicing and good mazal ("fortune") for the Jewish people. During a Jewish leap year, which occurs seven times in a 19-year cycle there is an added month called "Adar I," inserted. This aligns the lunar months with the solar year, ensuring that the holidays fall in the proper seasons.

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\* Hebrew speaking  
\* מדבר עברית



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>1</b> 5 Adar  Irvin Brodie	<b>2</b> 6 Adar	<b>3</b> 7 Adar  JLI: JDM Gift To The World	<b>4</b> 8 Adar	<b>5</b> 9 Adar  Lunch 'N Learn  Ron Kaufman Gittel Schneider Shaina Weisberg	<b>6</b> 10 Adar  Candle Lighting: 5:59 PM	<b>7</b> 11 Adar  Tetzaveh Zachor  Shabbat Ends: 6:58 PM
<b>8</b> 12 Adar DST Begins  Men's Club BLT	<b>9</b> 13 Adar Fast of Esther  Fast: 6:14 AM - 7:48 PM	<b>10</b> 14 Adar Purim  Purim NYC!	<b>11</b> 15 Adar Shushan Purim	<b>12</b> 16 Adar  Lunch 'N Learn  Jennie Roet	<b>13</b> 17 Adar  Alvin Solomon Candle Lighting: 7:06 PM	<b>14</b> 18 Adar  Ki Tisa Parah  Shabbat Ends: 8:06 PM
<b>15</b> 19 Adar  Land & Spirit Israel Trip	<b>16</b> 20 Adar	<b>17</b> 21 Adar  Gertrude Steinberg	<b>18</b> 22 Adar	<b>19</b> 23 Adar  Lunch 'N Learn  Avram Siegel	<b>20</b> 24 Adar  Candle Lighting: 7:14 PM	<b>21</b> 25 Adar Blessing of the New Month  Vayakhel-Pekudei Hachodesh 3rd Shabbat Morning Service  Ashley Glasser Shabbat Ends: 8:13 PM
<b>22</b> 26 Adar  Bari Jill Sternberg	<b>23</b> 27 Adar  Mayer Handley	<b>24</b> 28 Adar  Marie Friedman Sylvia Reiter	<b>25</b> 29 Adar  Louis Steiner	<b>26</b> 1 Nissan Rosh Chodesh  Lunch 'N Learn	<b>27</b> 2 Nissan  Candle Lighting: 7:21 PM	<b>28</b> 3 Nissan  Vayikra  Shabbat Ends: 8:21 PM
<b>29</b> 4 Nissan	<b>30</b> 5 Nissan	<b>31</b> 6 Nissan	<div> <p><b>Sharon Abelman</b>              Realtor, ABR, GREEN, RRS</p> <p>sabelman@howardhanna.com              Phone: (412) 421-9120 Ext. 285              Cell Phone: (412) 389-8989              6310 Forbes Avenue Pittsburgh, PA 15217</p> </div>			

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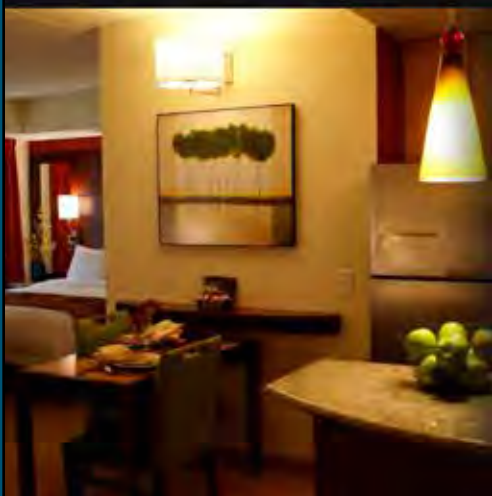


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**FIRST MONTH**

Nissan is the first month on the Jewish calendar. Before the Jews left Egypt, on the first day of the month of Nissan, G-d told Moses and Aaron: "This chodesh (new moon) shall be to you the head of months." Thus the peculiarity of the Jewish calendar: the year begins on Rosh Hashanah, the first day of the month of Tishrei, but Tishrei is not the first month. Rosh Hashanah is actually referred to in the Torah as "the first day of the seventh month."

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MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

**1** 7 Nissan

Kosher Week @ Giant Eagle

**2** 8 Nissan

Lunch 'N Learn  
Kosher Week @ Giant Eagle

**3** 9 Nissan

Kosher Week @ Giant Eagle  
First Fridays

Candle Lighting: 7:28 PM

**4** 10 Nissan  
Shabbat HaGadol

Tzav

Zeus Glasser  
Shabbat Ends: 8:29 PM

**5** 11 Nissan

**6** 12 Nissan

**7** 13 Nissan

**8** 14 Nissan  
Passover Eve  
1st Night Seder  
Taanit Bechoros - Eruv Tavshilin  
Community Seder

Eat Chametz Until: 11:09 AM  
Burn Chametz by: 12:15 PM  
Candle Lighting: 7:33 PM

**9** 15 Nissan  
Passover  
2nd Night Seder  
Tonight Omer 1

Sadie Glasser  
Candle Lighting: after 8:34 PM

**10** 16 Nissan  
Passover  
Tonight Omer 2

Candle Lighting: 7:35 PM

**11** 17 Nissan  
Passover  
1st Intermediate Day  
Tonight Omer 3

Benjamin Shunfenthal  
Allie Glasser  
Shabbat Ends: 8:36 PM

**12** 18 Nissan  
Passover  
2nd Intermediate Day  
Tonight Omer 4

Eli Schapiro

**13** 19 Nissan  
Passover  
3rd Intermediate Day  
Tonight Omer 5

**14** 20 Nissan  
Passover  
4th Intermediate Day  
Tonight Omer 6

Candle Lighting: 7:40 PM

**15** 21 Nissan  
Passover  
Tonight Omer 7

Candle Lighting: after 8:41 PM

**16** 22 Nissan  
Passover - Yizkor  
Tonight Omer 8

Holiday Ends: 8:42 PM

**17** 23 Nissan  
Tonight Omer 9

Candle Lighting: 7:43 PM

**18** 24 Nissan  
Tonight Omer 10  
Blessing of the New Month  
Avot 1  
Shemini  
3rd Shabbat Morning Service

Shabbat Ends: 8:44 PM

**19** 25 Nissan  
Tonight Omer 11

Men's Club BLT

**20** 26 Nissan  
Tonight Omer 12

**21** 27 Nissan  
Tonight Omer 13

Sheila Glasser

**22** 28 Nissan  
Tonight Omer 14

Len and Terry Young

**23** 29 Nissan  
Tonight Omer 15

Lunch 'N Learn

**24** 30 Nissan  
Tonight Omer 16  
Rosh Chodesh

Candle Lighting: 7:50 PM

**25** 1 Iyar  
Tonight Omer 17  
Rosh Chodesh  
Avot 2  
Tazria - Metzora

Shabbat Ends: 8:53 PM

**26** 2 Iyar  
Tonight Omer 18

Bella chodock

**27** 3 Iyar  
Tonight Omer 19

**28** 4 Iyar  
Tonight Omer 20

**29** 5 Iyar  
Tonight Omer 21

G-d Bless Israel

Lorraine Sultanov

**30** 6 Iyar  
Tonight Omer 22

Lunch 'N Learn

April 8 & 9

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Lag BaOmer, the 33rd day of the Omer, is a festive day on the Jewish calendar, celebrating the anniversary of the passing of the great sage and mystic Rabbi Shimon bar Yochai, author of the Zohar. It is traditional to light bonfires on Lag BaOmer eve. These commemorate the immense light that Rabbi Shimon bar Yochai introduced into the world via his mystical teachings.

**MONTH OF COUNTING**

Each year we count 49 days, beginning on the second night of Passover till the 50th day of Shavuot. The Kabbalists explain that the 49 days that connect Passover with Shavuot correspond to the 49 drives and traits of the human heart. Each day saw the refinement of one of these sefirot, bringing the people of Israel one step closer to receiving of His communication to humanity.



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<p><b>3</b> 9 Iyar Tonight Omer 25</p>	<p><b>4</b> 10 Iyar Tonight Omer 26</p> <p> <b>Pam Martello</b></p>	<p><b>5</b> 11 Iyar Tonight Omer 27</p> <p>Secrets of The Bible- Course Begins</p>	<p><b>6</b> 12 Iyar Tonight Omer 28</p>	<p><b>7</b> 13 Iyar Tonight Omer 29</p> <p>Lunch 'N Learn</p>	<p><b>8</b> 14 Iyar Pesach Sheini Tonight Omer 30</p> <p>Candle Lighting: 8:04 PM </p>	<p><b>9</b> 15 Iyar Tonight Omer 31 Avot 4</p> <p>Emor</p> <p>Shabbat Ends: 9:09 PM</p>
<p><b>10</b> 16 Iyar Tonight Omer 32 Mother's Day</p> <p>Men's Club BLT</p> <p> <b>Felice &amp; Harvey Rosenblum</b></p>	<p><b>11</b> 17 Iyar Tonight Omer 33</p>	<p><b>12</b> 18 Iyar Lag BaOmer Tonight Omer 34</p> <p>Community Picnic</p>	<p><b>13</b> 19 Iyar Tonight Omer 35</p> <p>JLI: Secrets of The Bible</p> <p> <b>Yoni Weisberg</b>  <b>Reuven Yonah Weisberg</b></p>	<p><b>14</b> 20 Iyar Tonight Omer 36</p> <p>Lunch 'N Learn</p>	<p><b>15</b> 21 Iyar Tonight Omer 37</p> <p> <b>Matthew Weisberg</b> Candle Lighting: 8:11 PM </p>	<p><b>16</b> 22 Iyar Tonight Omer 38 Avot 5</p> <p>Behar - Bechukotai</p> <p>3rd Shabbat Morning Service</p> <p>Shabbat Ends: 9:17 PM</p>
<p><b>17</b> 23 Iyar Tonight Omer 39</p>	<p><b>18</b> 24 Iyar Tonight Omer 40</p>	<p><b>19</b> 25 Iyar Tonight Omer 41</p> <p>JLI: Secrets of The Bible</p>	<p><b>20</b> 26 Iyar Tonight Omer 42</p> <p> <b>Pearl Oppenheimer</b></p>	<p><b>21</b> 27 Iyar Tonight Omer 43</p> <p>Lunch 'N Learn</p> <p> <b>Michael Edelstein</b></p>	<p><b>22</b> 28 Iyar Tonight Omer 44</p> <p>Candle Lighting: 8:18 PM </p>	<p><b>23</b> 29 Iyar Tonight Omer 45 Blessing of the New Month Avot 6</p> <p>Bamidbar</p> <p>Shabbat Ends: 9:24 PM</p>
<p><b>24</b> 1 Sivan Rosh Chodesh Tonight Omer 46</p>	<p><b>25</b> 2 Sivan Tonight Omer 47 Memorial Day</p>	<p><b>26</b> 3 Sivan Tonight Omer 48</p> <p>JLI: Secrets of The Bible</p>	<p><b>27</b> 4 Sivan Tonight Omer 49</p>	<p><b>28</b> 5 Sivan Shavuot Eve Eruv Tavshilin</p> <p>Evening of study</p> <p>Candle Lighting: 8:23 PM </p>	<p><b>29</b> 6 Sivan Shavuot</p> <p>Ten commandments &amp; Dairy Buffet</p> <p>Candle Lighting: 8:23 PM </p>	<p><b>30</b> 7 Sivan Shavuot Yizkor</p> <p>Shabbat &amp; Holiday Ends: 9:31 PM</p>
<p><b>31</b> 8 Sivan</p>						

## UNITY FOR TORAH

Rosh Chodesh Sivan is distinguished as the day on which the Jewish people arrived and camped before Mount Sinai. The Torah describes this with the phrase "Israel camped before the mountain" where the verb vayichan ("camped") is stated in a singular form, in contrast to the other verbs in the narrative. This describes how the entire people camped "as one person, with one heart," expressing true unity.



## RE-GIVING TORAH

The word Shavuot (or Shavuos) means "weeks." It celebrates the completion of the seven-week Omer counting period between Passover and Shavuot. The Torah was given by G-d to the Jewish people on Mount Sinai on this day more than 3,331 years ago. The giving of the Torah was a far-reaching spiritual event—one that touched the essence of the Jewish soul for all times. Every year on the holiday of Shavuot we renew our acceptance of G-d's gift, and G-d "re-gives" the Torah.



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<b>7</b> 15 Sivan <b>Men's Club BLT</b>	<b>8</b> 16 Sivan	<b>9</b> 17 Sivan <b>JLI: Secrets of The Bible</b>	<b>10</b> 18 Sivan  <b>Ira &amp; Mimi Rosenberg</b>  <b>Michael Glasser</b>	<b>11</b> 19 Sivan <b>Lunch 'N Learn</b>	<b>12</b> 20 Sivan  <b>Aidel Weisberg</b> Candle Lighting: 8:32 PM 	<b>13</b> 21 Sivan Avot 2 <b>Be'halot'cha</b> Shabbat Ends: 9:41 PM
<b>14</b> 22 Sivan	<b>15</b> 23 Sivan	<b>16</b> 24 Sivan  <b>Alan Iszauk</b>	<b>17</b> 25 Sivan  <b>Mordechai Schapiro</b>	<b>18</b> 26 Sivan <b>Lunch 'N Learn</b>	<b>19</b> 27 Sivan Candle Lighting: 8:34 PM 	<b>20</b> 28 Sivan Blessing of the New Month Avot 3 <b>Shlach</b> <b>3rd Shabbat Morning Service</b> Shabbat Ends: 9:43 PM
<b>21</b> 29 Sivan <b>Father's Day</b>	<b>22</b> 30 Sivan <b>Rosh Chodesh</b>	<b>23</b> 1 Tammuz <b>Rosh Chodesh</b>  <b>Sharon Hochman</b>	<b>24</b> 2 Tammuz	<b>25</b> 3 Tammuz <b>Gimmel Tammuz</b> <b>Lunch 'N Learn</b>	<b>26</b> 4 Tammuz  <b>Beverly Lynn Reich</b> Candle Lighting: 8:35 PM 	<b>27</b> 5 Tammuz Avot 4 <b>Korach</b> Shabbat Ends: 9:43 PM
<b>28</b> 6 Tammuz  <b>Sylvia Heyman</b>	<b>29</b> 7 Tammuz	<b>30</b> 8 Tammuz	<div>  <p><b>RALPH SCHUGAR CHAPEL</b> www.schugar.com</p> </div> <div> <p><b>SHARON RYAVE BRODY</b> Licensed Funeral Director Vice President and Supervisor</p> <p>sharon.brody@schugar.com 412.621.8282 • 888.621.8282 FAX 412.621.5225 5509 Centre Avenue • Pittsburgh, PA 15232</p> <p>Like us on Facebook: Ralph Schugar Chapel, Inc. Follow us on Twitter: @RalphSchugarInc</p> </div>			<div> <p><b>BIRRBATT PRINTING INC.</b> Specializing in Full Color Digital Printing</p> <p>421 Cavitt Avenue ▶ Trafford PA 15085 412-373-9047 ▶ abmanufan@aol.com www.birrbattprinting.com</p> <p>Proud to be a supporter of Chabad &amp; Yeshiva Schools of Pittsburgh</p> </div>

### FAST OF 17TH OF TAMUZ

The fast of the 17th commemorates the tragic event of when the walls of Jerusalem were breached by the Romans, in 69 CE, after a lengthy siege. Three weeks later, after the Jews put up a valiant struggle, the Romans destroyed the second Holy Temple on the 9th of Av.

The Jerusalem Talmud maintains that this is also the date when the Babylonians breached the walls of Jerusalem on their way to destroying the first Temple.



### GOOD BREAKING

The 17th of Tamuz is the day when Moses broke the tablets when he saw the Jewish people worshipping the Golden Calf. Our sages explain that this was an act to save the people: "This can be compared to a king who went abroad, and left his betrothed with the maidservants. Because of the immoral behavior of the maidservants, she acquired a bad reputation. Her "bridesman" arose and tore up her marriage contract. He said, 'If the king decides to kill her, I will say to him, "She is not yet your wife."'

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<div>5<div>13 Tammuz</div></div> <div>Men's Club BLT</div> <div> David Weisberg  Debbie Iszauk</div>	<div>6<div>14 Tammuz</div></div>	<div>7<div>15 Tammuz</div></div> <div> Sydne Boswell</div>	<div>8<div>16 Tammuz</div></div>	<div>9<div>17 Tammuz</div></div> <div>Fast of Shiva Asar B'Tammuz</div> <div> Mimi Rosenberg Fast: 4:05 AM - 9:24 PM</div> <div>Candle Lighting: 8:32 PM </div>	<div>11<div>19 Tammuz</div></div> <div>Avot 6</div> <div>Pinchas</div> <div>Shabbat Ends: 9:39 PM</div>	
<div>12<div>20 Tammuz</div></div> <div> Neil Blumenfeld</div>	<div>13<div>21 Tammuz</div></div> <div> Joseph Oppenheimer</div>	<div>14<div>22 Tammuz</div></div> <div> Dr. Myron Friedlander  Zachary Weisberg</div>	<div>15<div>23 Tammuz</div></div>	<div>16<div>24 Tammuz</div></div> <div>Lunch 'N Learn</div>	<div>17<div>25 Tammuz</div></div> <div> Stanley H. Sultanov Candle Lighting: 8:29 PM </div> <div>Shabbat Ends: 9:34 PM</div>	<div>18<div>26 Tammuz</div></div> <div>Blessing of the New Month Avot 1</div> <div>Matot - Massei</div> <div>3rd Shabbat Morning Service</div> <div>Shabbat Ends: 9:34 PM</div>
<div>19<div>27 Tammuz</div></div> <div> Randy and Marsha Boswell</div>	<div>20<div>28 Tammuz</div></div>	<div>21<div>29 Tammuz</div></div> <div> Enice Bloomfield  David Iszauk</div>	<div>22<div>1 Av</div></div> <div>Rosh Chodesh</div>	<div>23<div>2 Av</div></div> <div>Lunch 'N Learn</div> <div> Rabbi Mendy</div>	<div>24<div>3 Av</div></div> <div>Candle Lighting: 8:23 PM </div>	<div>25<div>4 Av</div></div> <div>Shabbat Chazon Avot 2</div> <div>Devarim</div> <div> Gideon Guthmann Shabbat Ends: 9:27 PM</div>
<div>26<div>5 Av</div></div> <div> Alvin Weisberg</div>	<div>27<div>6 Av</div></div>	<div>28<div>7 Av</div></div>	<div>29<div>8 Av</div></div> <div>Fast Begins: 8:36 PM</div>	<div>30<div>9 Av</div></div> <div>Fast of Tisha B'Av</div> <div>Lunch 'N Learn</div> <div> Claire Rosenberg Fast Ends: 9:06 PM</div>	<div>31<div>10 Av</div></div> <div>Candle Lighting: 8:16 PM </div>	<div>CLICK YOUR WAY TO A MORE FULFILLING DAY...</div> <div></div> <div>www.JewishMonroeville.com</div>

### LAUGHING WITH HOPE

Once Rabbi Akiva went up to Jerusalem with his colleagues. When they reached the Temple Mount, they saw a fox emerging from the Holy of Holies. While the others started weeping, Rabbi Akiva laughed, to their amazement. Rabbi Akiva explained them: Now, when I see the prophecy of destruction was fulfilled to the dot, I know that the prophecy of rebuilding will be also be actualized in the most profound way.



### MONTH OF COMFORT

The month of Av is traditionally called "Menachem Av," which means a comforting father. Although many tragedies occurred in this month, beginning with the destruction of both Temples, our father, G-d, never removed his presence from us and he is still always there to strengthen and comfort His people.

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<p><b>2</b> 12 Av</p> <p>Men's Club BLT</p>	<p><b>3</b> 13 Av</p>	<p><b>4</b> 14 Av</p>	<p><b>5</b> 15 Av Tu B'Av</p>	<p><b>6</b> 16 Av</p> <p>Lunch 'N Learn</p> <p>Miriam Steiner</p>	<p><b>7</b> 17 Av</p> <p>First Fridays</p> <p>Candle Lighting: 8:08 PM</p>	<p><b>8</b> 18 Av Avot 4</p> <p>Eikev</p> <p>Shabbat Ends: 9:10 PM</p>
<p><b>9</b> 19 Av</p> <p>Jesse Kaufman</p>	<p><b>10</b> 20 Av</p>	<p><b>11</b> 21 Av</p> <p>Melitta Chodock</p>	<p><b>12</b> 22 Av</p> <p>Harvey Chodock</p>	<p><b>13</b> 23 Av</p> <p>Lunch 'N Learn</p>	<p><b>14</b> 24 Av</p> <p>Candle Lighting: 7:59 PM</p>	<p><b>15</b> 25 Av Blessing of the New Month Avot 5 Re'eh</p> <p>3rd Shabbat Morning Service</p> <p>Shabbat Ends: 8:59 PM</p>
<p><b>16</b> 26 Av</p> <p>Rochelle &amp; Bruce Parker Sandy Chodock Shikora</p>	<p><b>17</b> 27 Av</p>	<p><b>18</b> 28 Av</p>	<p><b>19</b> 29 Av</p> <p>Esther schapiro</p>	<p><b>20</b> 30 Av Rosh Chodesh</p> <p>Lunch 'N Learn</p> <p>Sherman Hershman</p>	<p><b>21</b> 1 Elul Rosh Chodesh</p> <p>Candle Lighting: 7:49 PM</p>	<p><b>22</b> 2 Elul Avot 6</p> <p>Shoftim</p> <p>Shabbat Ends: 8:48 PM</p>
<p><b>23</b> 3 Elul</p>	<p><b>24</b> 4 Elul</p>	<p><b>25</b> 5 Elul</p>	<p><b>26</b> 6 Elul</p> <p>Gedaliah Schneider</p>	<p><b>27</b> 7 Elul</p> <p>Lunch 'N Learn</p>	<p><b>28</b> 8 Elul</p> <p>Morris Reiter Candle Lighting: 7:38 PM</p>	<p><b>29</b> 9 Elul Avot 1 &amp; 2</p> <p>Ki Tetzei</p> <p>Keny Schapiro Shabbat Ends: 8:37 PM</p>
<p><b>30</b> 10 Elul</p>	<p><b>31</b> 11 Elul</p>					

## THE POMEGRANATE

It is customary to eat pomegranates on Rosh Hashanah, because their many seeds reminds us of the many Mitzvot that we do. There is however, a deeper explanation. When we eat a pomegranate, we disregard the peel and only eat the sweet fruit inside. So too we are asking G-d, that He should disregard our "peel," our external appearances. Instead, we ask that He focus on our "sweet fruit," our desire within us to connect with Him.



## THE SHOFAR

Rosh Hashana, the Jewish New Year, is a time for us to reflect on the year that has passed and to prepare ourselves for the year to come. We blow the shofar, which serves as a wake-up call for us to repent, for anything we might have done. In the merit of our sincerity we know that G-d will grant us a year of health and blessing.



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			Judith Ackerman	Harold & Rita Young Dianne Bloomfield	First Fridays Candle Lighting: 7:27 PM	Ki Tavo Shabbat Ends: 8:25 PM
6 17 Elul Men's Club BLT	7 18 Elul Chai Elul Labor Day	8 19 Elul	9 20 Elul	10 21 Elul Lunch 'N Learn	11 22 Elul Candle Lighting: 7:16 PM	12 23 Elul Selichot Tonight Avot 5 & 6 Nitzavim - Vayelech Shabbat Ends: 8:13 PM
13 24 Elul Herman Bloomfield Mushka Schapiro	14 25 Elul	15 26 Elul	16 27 Elul	17 28 Elul Lunch 'N Learn	18 29 Elul Rosh Hashana Eve Candle Lighting: 7:04 PM	19 1 Tishrei Rosh Hashana High Holiday Services @ Chabad Schneider & Feldman families perished in Holocaust Candle Lighting: after 8:01 PM
20 2 Tishrei Rosh Hashana High Holiday Services @ Chabad Holiday Ends: 7:59 PM	21 3 Tishrei Fast of Gedaliah Fast: 5:40 AM - 7:45 PM	22 4 Tishrei	23 5 Tishrei	24 6 Tishrei Lunch 'N Learn	25 7 Tishrei Candle Lighting: 6:52 PM	26 8 Tishrei Shabbat Shuva Ha'azinu Shabbat Ends: 7:49 PM
27 9 Tishrei Yom Kippur Eve High Holiday Services @ Chabad Fast & Candle Lighting: 6:49 PM	28 10 Tishrei Yom Kippur Yizkor High Holiday Services @ Chabad Fast & Holiday End: 7:46 PM	29 11 Tishrei	30 12 Tishrei	CHAI club JewishMonroeville.com/ChaiClub	 <p><b>JEFF WEINER</b> Broker ph. 412.373.8900 fx. 412.373.3169 4100 Monroeville Blvd. Monroeville, PA 15146 www.weinerproperties.com weiner@weinerrealestate.net residential • commercial • property management</p>	



# Soups & Sparks

## *To warm the body & Soul*

### *Red Lentil Soup*

1 large onion, chopped  
1 tablespoon olive oil  
4 garlic cloves, finely chopped  
1 bay leaf  
1 sprig fresh thyme or 1.5 t dried thyme  
1 cup red lentils, rinsed  
3 1/2 cups vegetable or chicken broth  
3 cups water  
2 tablespoons chopped flat-leaf parsley  
1 teaspoon salt  
1/2 teaspoon ground black pepper

1. Sauté onions in oil with 1/2 teaspoon salt in a 4 qt. pot, stirring occasionally, until softened.
2. Add garlic, bay leaf, and thyme and cook, stirring for another minute.
3. Add lentils, broth, water, 1/2 teaspoon salt, and 1/2 teaspoon pepper and simmer, partially covered, stirring occasionally, until lentils are very soft, about 30 to 45 minutes.
4. Discard bay leaf, add parsley and stir really well.

### *Creamy Broccoli Soup*

1 tablespoon extra-virgin olive oil  
1 medium onion, chopped  
2 cloves garlic, chopped  
1 teaspoon chopped fresh parsley  
8 cups chopped broccoli (stems and florets)  
2 cups water  
4 cups vegetable broth  
Salt/pepper to taste

1. Sauté onion, in 4 qt. pot, stirring occasionally until softened.
2. Add garlic and parsley, stir for several 10 seconds. Stir in broccoli.
3. Add water and broth; bring to a simmer over high heat. Reduce heat but maintain a simmer and cook until very tender, about 10 minutes.
4. Puree the soup with a hand blender or in batches in a blender until smooth.
5. Season with salt and pepper to taste.

### *Meaty Mushroom Barley Soup*

1 onion, minced  
3 carrots, grated  
2 stalks celery, diced  
1/2 pound mushrooms, sliced  
1 lb. Pepper steak, cut into strips (Optional)  
2 tablespoons flour  
2 1/2 teaspoons salt  
1/2 teaspoon pepper  
2 frozen garlic cubes or 2 cloves chopped  
1/4 cup barley  
2 1/2 quarts water

1. In a 4 qt pot, sauté onion, carrots and celery in oil until golden.
2. Add mushrooms and sauté for 4 minutes.
3. Add pepper steak and sauté for 3 minutes.
4. Add flour and seasonings and stir for one minute.
5. Add remaining ingredients and cook for one hour.

### *French Onion Soup*

Dairy

4 large onions, Julianne  
4 tablespoons butter  
1 cup vegetable broth  
2 tablespoons flour  
8 cups water  
1 tablespoon thyme  
1 teaspoon salt  
1/2 teaspoon black pepper  
Toasted French bread (Optional)  
Shredded Mozzarella (Optional)

1. In a 4 qt pot, sauté onions in butter over medium heat until caramelized to a nice golden brown, about 8 minutes, stirring frequently so they don't burn.
2. Add Broth and continue to sauté for 2 to 3 minutes.
3. Slowly stir in flour while stirring.
4. Add water, thyme, salt and pepper; bring to a boil over high heat.
5. Reduce heat to low, cover and simmer for 1 hour.
6. Serve with toasted French bread and shredded mozzarella.



**You cannot add more minutes to the day, but you can utilize each one to the fullest. – The Rebbe**

Simcha (Joy) is not a destination, it is a method of life. – Baal Shem tov

Imagine you could open your eyes to see only the good in every person, the positive in every circumstance, and the opportunity in every challenge. – The Rebbe

**If you see what needs to be repaired and how to repair it, then you have found a piece of the world that G-d has left for YOU to complete. – The Rebbe**

**If you wait until you find the meaning of life, will there be enough life left to live meaningfully? - The Rebbe**

**Before you can find G-d, you must lose yourself – Baal Shem Tov**



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